



DPHMP

Delaware Professionals' Health Monitoring Program

The Purpose of DPHMP

The Division of Professional Regulation (DPR) realizes that careers, safety, money, and even lives are put at risk when licensed professionals working in safety-sensitive positions have substance use or mental health issues that impact their work performance. DPHMP supports DPR in providing effective solutions to:

1. Support both public and workplace safety.
2. Help licensees with substance use and mental health issues to recover and continue working safely.
3. Help keep experienced, trained professionals employed.

What Services Are Included?

- **Evaluation** - determines treatment plan
- **Case Monitoring** - supports compliance
- **Toxicology Testing** - supports compliance
- **Website for Licensees** - provides program forms, guidelines, and payment status
- **Website for DPR** - tracks compliance of enrolled licensees

Who Is Eligible for DPHMP?

Licensees must have a Delaware license or certification. The licensee must not have committed an offense, other than the status of being chemically dependent or impaired, that would constitute grounds for discipline under applicable laws governing the profession. Licensees may be mandated into the DPHMP by their licensing board or commission by an *Order*.

Who Should Participate in DPHMP?

Any licensed professional regulated by a State of Delaware Title 23, Title 24, and Title 28 board or commission that is experiencing substance use and/or mental health issues should enroll.

Who Should I Contact?

See the flip-side of this flyer for information about how to self-refer or make a referral. For more details about how the program works, or to start the referral process, please call DPHMP or visit the website:

855-575-9350

www.delawaremonitoring.com



DPHMP is administered by DPR, and services are provided by IBH Solutions (IBH), an independent behavioral health services organization.

How DPHMP Referrals Work

How Can I Become Enrolled?

1. Voluntarily self-refer into the program.
2. Be referred by a third party who contacts the DPR or the DPHMP.
3. Be mandated to enroll by an Order from a professional licensing board/commission.

Should I Refer Myself?

If you are struggling with substance use and/or a mental health issue, you should **voluntarily** enroll in the program. Participating in the DPHMP could save your career and your life.

How Do I Enroll?

When you call, the DPHMP will be explained to you. If after hearing the program description, you decide to enroll, you will receive the required forms by email or USPS. Once you sign and return the forms, you will be assigned an Agreement Monitor who will support you in scheduling an evaluation to determine appropriate treatment recommendations. Your Agreement Monitor will continue to work with you throughout the program.

Am I Required to Enroll If I Call for Information?

You are not required to enroll, but it is important to understand that enrolling in DPHMP is a commitment to recovery, and by enrolling, you are making a choice to resume practicing safely and to your full potential. Upon enrollment, you will be provided a consent that allows for the sharing of your information with DPR.

How Do I Refer Licensees?

When a **third party** (supervisor, coworker, patient, client, or family member) identifies a licensee regulated by a board/commission who shows signs of substance use or mental health issues, he/she should seriously consider referring that individual to the DPHMP.

What Happens When I Refer Someone Into DPHMP?

When you make a referral, you can call IBH to receive guidance through the process and/or submit the reason(s) for the referral and any other relevant information you are able to share.

When a **third party** refers a licensee, the limitations of the referral are shared with the third party. All third-party referrals must be in writing. *The third party is always encouraged to have the licensee call the program directly to self-refer.* A letter is then sent to the licensee informing him/her that a third-party referral has been made and that the licensee needs to contact the DPHMP to complete an intake.

Once the DPHMP contacts the licensee, he/she receives an overview of the program and is sent enrollment forms that must be signed and returned to the program. The licensee is then referred for an evaluation to establish appropriate treatment recommendations. *Any referred licensee who does not sign and return the enrollment forms within 10 business days will be reported as non-compliant to DPR.*

Contact DPHMP

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Referring someone to the DPHMP might seem difficult, but you could be saving lives and careers by making a call.



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