

Delaware Professionals' Health Monitoring Program Program Guidelines

Title: ETG/ETS Non-Negative Test Results

Pages: 2

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Guideline:

- 1 **If an urine ETG specimen is reported positive, the result will be normalized to creatinine**
- 2 **100mg/dl) by the Program's consulting physician. Based on the normalized result:**
 - 3 1. If a participant tests between 250-499ng/ml on an ETG test, the following will occur:
 - 4 2. The agreement monitor will contact the participant and request an explanation for the presence
 - 5 of alcohol in participant's ETG test. The level will be shared with the participant.
 - 6 a. The participant will be sent for an evaluation by an approved third-party evaluator.
 - 7 b. Monitoring agreement addendum will be updated in accordance with the requirements
 - 8 from the third-party evaluator.
 - 9 c. The participant's testing schedule frequency will be increased.
 - 10 d. If the participant admits to consuming alcohol, the participant will be reported as non-
 - 11 compliant.
 - 12 e. The participant will be educated on products that can produce an ETG level of 250 or
 - 13 greater.
 - 14 f. If during the course of the participant's enrollment in the Program, a participant has a
 - 15 second ETG level of 250 or greater, a report of substantial non-compliance may be sent
 - 16 to the Division of Professional Regulation.
 - 17 g. The decision to request the participant to step-down will be determined by the
 - 18 Program's consulting physician, pending the recommendation of the third party
 - 19 evaluator.
 - 20 3. If a participant tests at or greater than 500ng/ml on an ETG test, the following will occur:
 - 21 a. The agreement monitor will contact the participant and request an explanation for the
 - 22 presence of alcohol in participant's ETG test. The level will be shared with the
 - 23 participant.
 - 24 b. The participant will be reported non-compliant.
 - 25 c. The participant will be requested to step out of practice.
 - 26 d. The participant will be sent for an evaluation by an approved third-party evaluator.
 - 27 e. Monitoring agreement addendum will be updated in accordance with the requirements
 - 28 from the third-party evaluator.
 - 29 f. The participant's testing schedule frequency will be increased.

- 30 g. Monitoring agreement addendum will be updated in accordance with the requirements
31 from the third-party evaluator.
- 32 4. If a participant tests positive for ETG and there is no ETS finding, the participant will be required
33 to obtain a third-party evaluation but there will NOT be a non-compliance report. The decision
34 to report non-compliance will be dependent upon the result of the third-party evaluation. The
35 decision to request the participant to step-down will be determined by the Program's consulting
36 physician pending the outcome of the third-party evaluation.
- 37 5. If a participant's specimen results in a positive ETS level and there is no supporting ETG level, the
38 participant may be requested to refrain from practice. The decision to request the participant
39 to refrain from practice and to notify the employer will be individualized for each participant
40 based on the following criteria which include but are not limited to:
- 41 a. Participant's position – if the level of safety concern is unclear, the appropriate Board
42 will be contacted and information obtained regarding the safety sensitive nature of the
43 position
- 44 b. Level of supervision
- 45 c. Compliance record
- 46 d. ETS level
- 47 e. Workplace performance assessment without notification to the employer of
48 participant's test result
- 49 f. Recommendation and input from Agreement Monitor

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51 All information regarding the participant will be reviewed by the Program's consulting physician.
52 The participant may be required to schedule a third-party evaluation regardless of employment
53 status.

54 The participant will be required to follow the recommendations of the third-party evaluation. There will
55 not be a non-compliance report unless in the course of the evaluation, it is determined that the
56 participant consumed alcohol. The participant will be instructed to refrain from use of over the counter
57 medications, foods, and hand sanitizers that contain alcohol.